



Día de los Muertos Retreat in Sacred Mexico

During the sacred season of Día de los Muertos, women gather in Puerto Vallarta for a deeply meaningful journey exploring remembrance, transformation, creativity, sacred ritual, and the Mexican celebration of life.

Where story becomes Ceremony

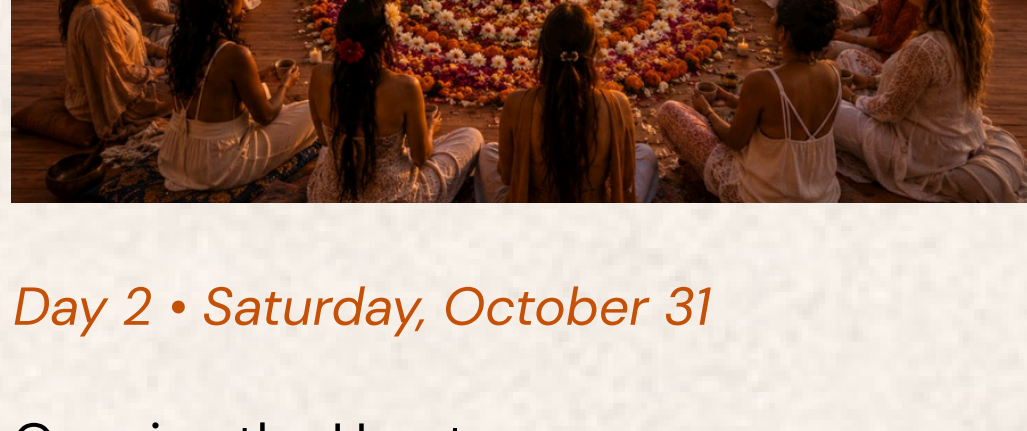
Far beyond tourism, this immersive retreat invites participants into the heart of one of Mexico's most beloved traditions through storytelling, cultural experiences, ceremony, creativity, sisterhood, and authentic connection.

7-Day Journey

Day 1 • Friday, October 30

Arrival & Grounding
Element: Earth

Opening Circle, Intention Setting, Welcome Dinner and Introduction to the Sacred Season of Día de los Muertos.



Day 2 • Saturday, October 31

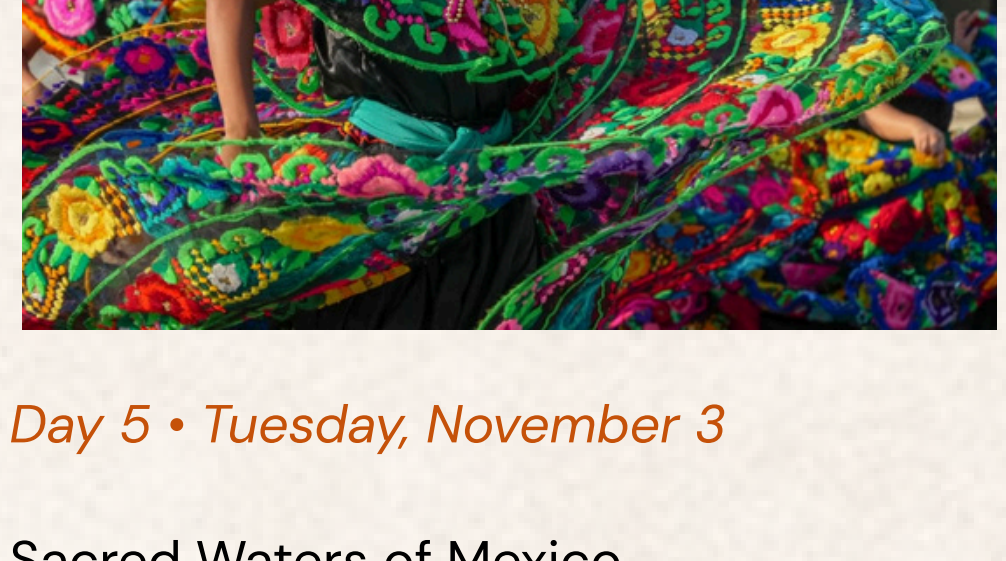
Opening the Heart
Element: Air

Cacao Ceremony, Breathwork, Sound Healing, Story Circles and Emotional Restoration.

Day 3 • Sunday, November 1

Entering the Spirit of Día de los Muertos
Element: Spirit

The Story of La Catrina, altar creation, marigold traditions, symbolism of remembrance, giant Catrina installations, cultural immersion, and evening storytelling.



Day 4 • Monday, November 2

Remembrance & Celebration
Element: Love

The emotional centerpiece of the retreat. Flower crowns, Catrina adornment, parade viewing, cultural celebrations, music, art, candlelight, and the beauty of Mexico's celebration of life.

Day 5 • Tuesday, November 3

Sacred Waters of Mexico
Element: Water

Los Arcos meditation, Boca de Tomatlán, Colomitos Beach, Ocean Grill lunch, swimming, reflection, and renewal.



Day 6 • Wednesday, November 4

Wisdom from the Land
Elements: Earth, Water

Herbal wisdom, artisan encounters, Story Medicine writing session, sunset dinner on the malecon.


Day 7 • Thursday, November 5

Integration & Carrying It Home


Closing Circle, Book of Witnessing, blessings, reflection, and departures.



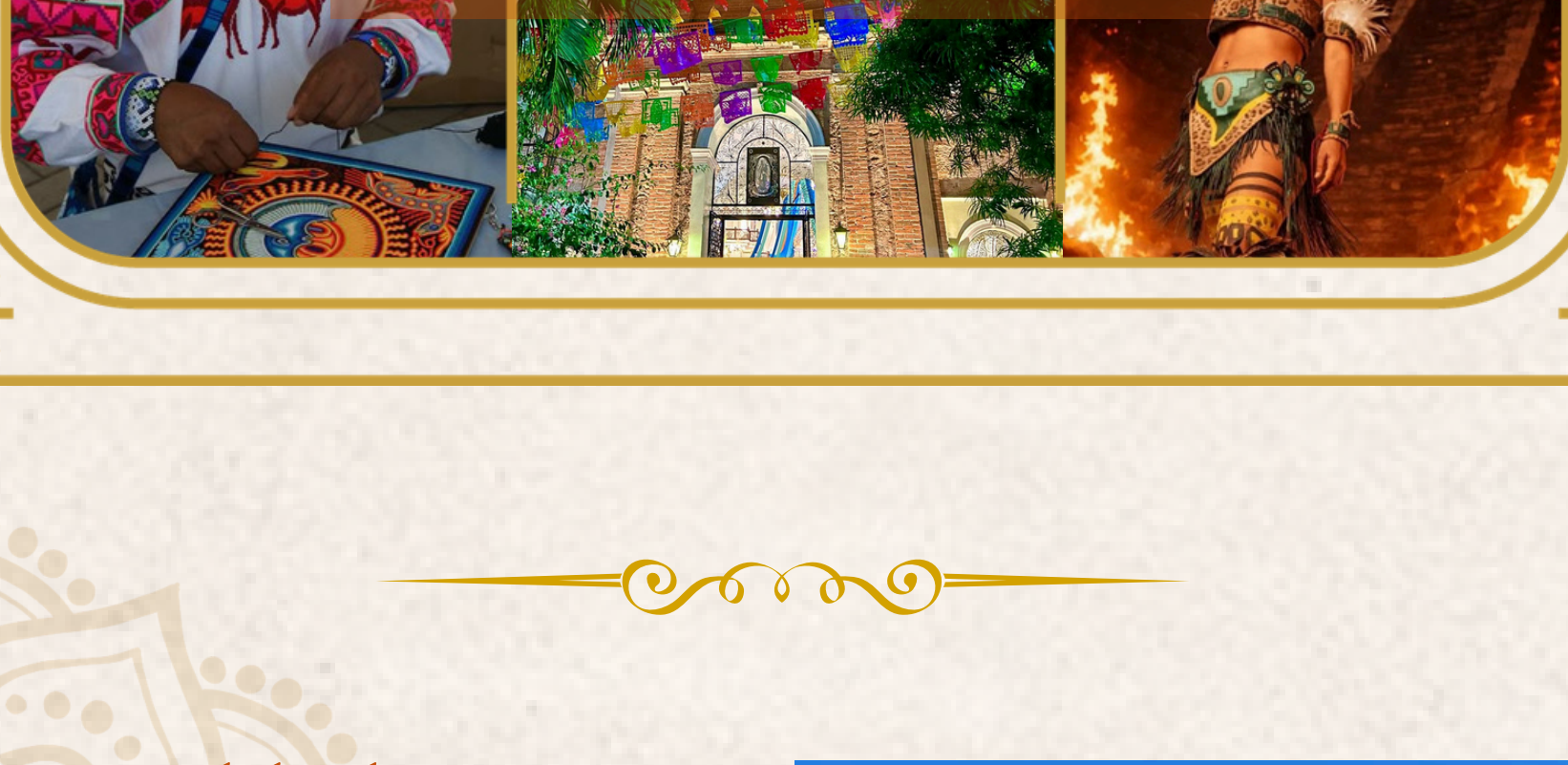
Experiences That Inspires



Creative Expression



Sacred Rituals



Cultural Immersion

Highlights

- Día de los Muertos cultural immersion
- Giant Catrina experience
- Traditional altar creation
- Cacao ceremony
- Breathwork and sound healing
- Los Arcos and secluded beach
- Water cleansing ceremony
- Story Medicine integration
- Sacred sisterhood
- Authentic Mexico beyond tourism



THE STORY CONTINUES

OCT 30 – NOV 5, 2026

Special Launch Price \$1495 USD or

4 payments of \$495 USD

Book by July 25th

After July 25th \$2495 USD

Book your discovery call now with Julie Ann

<https://calendly.com/casadeinfluencia/60min>

or email julieinspires@gmail.com

Fill out the survey to see if this is a fit for you?